

PROJECT IMHOTEP

Brooklyn's Black Maternal Health Resource Directory
BUILDING A SAFER BKLYN FOR BIRTH



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PROJECT IMHOTEP

Brooklyn's Black Maternal Health Resource Directory

PREPARED BY NEIGHBORHOOD TECHNICAL ASSISTANCE CLINIC

POWERED BY BROOKLYN COMMUNITIES COLLABORATIVE

At Neighborhood Technical Assistance Clinic (NTAC), we believe in the power of community. For over 30 years, we've worked to strengthen Brooklyn's grassroots organizations, especially those led by women and people of color, by bridging philanthropy with on-the-ground efforts. Our work centers on building capacity, fostering partnerships, and amplifying the voices of communities that have long been underrepresented.

Project Imhotep was born out of this commitment—a holistic, community-rooted initiative designed to address the Black maternal health crisis in Brooklyn. Named after Imhotep, the ancient Egyptian physician and healer, this project blends science, spirituality, and community wisdom. It shines a light on maternal health disparities, builds supportive networks for Black mothers throughout pregnancy and beyond, and leverages the trusted presence of Black churches and community hubs as safe spaces for education and empowerment.

This directory is a direct reflection of that mission. It exists to ensure that Black mothers in Brooklyn have access to compassionate, culturally competent, and comprehensive care at every stage of their maternal journey. From prenatal visits to postpartum support, from financial assistance to mental health care, the resources collected here represent a village of organizations ready to serve, uplift, and protect.

We extend our deepest gratitude to Brooklyn Communities Collaborative (BCC) for their visionary leadership and for entrusting us with this work. As part of [BCC's Strong Communities Fund](#), we have joined a powerful cohort of grantees equally committed to advancing health equity across Brooklyn. BCC's participatory approach to grantmaking has created space for community voices to drive meaningful solutions—and this directory is one of them.

Together, we are building a safer Brooklyn for birth. With this resource in your hands, we hope every mother, family, and care provider feels supported, informed, and empowered.

This is more than a directory. It's a Brooklyn blueprint for thriving.

PROJECT IMHOTEP

Brooklyn's Black Maternal Health Resource Directory

A Love Letter : To Black Mothers, and the Village That Holds Us

In Brooklyn—our Brooklyn—Black mothers are the heartbeat. But too often, our hearts have been broken by systems that weren't built with us in mind. Project Imhotep is about rewriting that story.

It's about weaving together every thread of support we deserve into a safety net so tight, so strong, that no mother ever has to navigate her journey alone.

Each category in this directory is not just a service—it's a sacred part of our holistic wellness.

Together, they honor the fullness of who we are: mind, body, spirit, and community.

With Love,

Dr. Valerie Oliver Durrah
Founder, President & CEO
Neighborhood Technical Services Clinic

WHY IT MATTERS

This directory is a full list of Black maternal health resources across Brooklyn—each one committed to the collective vision of ensuring Black mothers not only survive but thrive. Together, these organizations form a village of care that provides resources, advocacy, and support designed to address and eradicate the stark disparities in maternal health outcomes for Black women and birthing people.

From prenatal and postpartum care to housing assistance, nutrition, and mental health support, this comprehensive guide reflects a shared mission: to protect, uplift, and heal Black mothers in Brooklyn.



Black birthing people in Brooklyn face alarming maternal health disparities:

Systemic barriers like provider bias, language access gaps, transportation issues, and food insecurity exacerbate these [maternal mortality, health problems after birth] outcomes.

Centers for Disease Control and Prevention. Working together to reduce Black maternal mortality. CDC – Women’s Health. April 8, 2024. <https://www.cdc.gov/womens-health/features/maternal-mortality.html>

Over 80% of maternal deaths are preventable, underscoring an urgent need for culturally competent, coordinated, community-led solutions

Telehealth to Address Preventable Maternal Deaths: A Call to Action. National Library of Medicine Database, 2024. <https://pmc.ncbi.nlm.nih.gov/articles/PMC12668964/>

More than 1 in 5 Black mothers hospitalized for childbirth reported experiencing poor treatment based on their race, ethnicity, cultural background, or language.

Mohamoud YA, Cassidy E, Fuchs E, et al. Vital Signs: Maternity Care Experiences — United States, April 2023. MMWR Morb Mortal Wkly Rep. 2023;72(35):961-967. Published September 1, 2023. https://www.cdc.gov/mmwr/volumes/72/wr/mm7235e1.htm?s_cid=mm7235e1_w

BUILDING A SAFER BKLYN FOR BIRTH

Project Imhotep works together to provide comprehensive, culturally responsive, and community-based support for women's health across the entire maternal health continuum—from preconception and pregnancy through postpartum care.

1. Preconception & Inter-Conception (“Women’s Health”)

The collaborative services and organizations help women prepare for healthy pregnancies and address ongoing health needs between pregnancies by:

- Medical Services – Offering contraception, gynecologic care, STD screening, prenatal medications, and doula services.
- Community Advocacy & Education – Raising maternal health awareness through culturally tailored workshops, campaigns, and outreach in trusted spaces such as barbershops, faith communities, and community events.
- Nutrition & Wellness – Providing nutrition education, wellness classes, smoking cessation counseling, and healthy food access.
- Financial & Emergency Assistance – Helping with insurance enrollment, connecting to emergency resources, and distributing essential supplies like diapers, clothing, and strollers.
- Maternal Mental Health & Emotional Support – Offering pre- and post-pregnancy counseling, group support, and partnerships with mental health providers.

2. Pregnancy / Prenatal

Through this project, we ensure women have access to high-quality, wraparound prenatal care by:

- Prenatal Medical Care – Connecting patients to midwives, OB/GYNs, doulas, and community clinics for screenings, medications, and maternal health education.
- Maternal Mental Health Support – Screening for anxiety and depression, hosting prenatal groups, and offering therapy or coaching.
- Nutrition & Wellness – Distributing healthy food, hosting baby showers, and offering food assistance.
- Advocacy & Navigation – Leading community health roundtables, educating families about birth rights, and organizing around systemic issues like Medicaid policy.

3. Postpartum / Postnatal

This project we also provide holistic postpartum support to promote maternal recovery and infant well-being by:

- Postpartum & Infant Care – Offering doula services, home visits, postpartum depression screening, safe sleep education, and early parenting programs.
- Emotional Support – Providing counseling, peer groups, and check-ins to address maternal mental health.
- Parenting & Life Skills – Delivering workshops on parenting, anger management, and bonding with infants/toddlers.
- Nutrition & Wellness – Providing food pantries, healthy cooking classes, and fitness programs for new mothers.
- Financial & Emergency Aid – Distributing diapers, baby gear, clothing, and connecting families to essential services.
- Career Development – Creating pathways for young parents to train and work as doulas.

In essence:

This collective builds a seamless network of medical, emotional, educational, nutritional, and financial resources that addresses both the immediate needs of mothers and families and the structural barriers contributing to maternal health disparities—especially in communities of color. They combine direct services with advocacy to improve outcomes before, during, and after pregnancy.

CATEGORIES OF SERVICES

The Project Imhotep Directory ensures that women navigating the challenges of motherhood have access to essential services that address their physical, emotional, financial, and spiritual well-being. By bringing together these trusted organizations, we create a holistic resource that supports women throughout every stage of their maternal journey.



Maternal Mental Health & Emotional Support



Community Advocacy & Education



Prenatal Care & Medical Services



Postpartum & Infant Care



Financial & Emergency Assistance



Cultural Competency & Health Equity



Nutrition & Wellness



Parenting & Life Skills Development



Maternal Mental Health & Emotional Support

We're more than strong — we're human.

And our emotional health deserves tender care. From therapy circles to postpartum check-ins, this guide centers our joy, our grief, and our healing. It's where we reclaim our right to rest and be held, knowing it's okay to say, "I'm not okay," and get the support we need.

MENTAL HEALTH & EMOTIONAL SUPPORT



The Alex House Project

The Alex House Project

Website: alexhouseproject.org

Address #1: 9 Bond Street, 4th floor, Brooklyn NY 11201

Address #2: Bumblebees R Us Day Care - 76 Lorraine St, Brooklyn, NY 11231

Email: services@alexhouseproject.org

Instagram: [@alexhouseinc](https://www.instagram.com/alexhouseinc)

The Alex House Project is a peer-led program that provides parenting and life skills development for mothers 25 years and younger. The organization focuses on building confidence and independence in mothers through mentorship, higher education, and employment.

Key Service: Maternal mental health support



BROOKLYN
FREE CLINIC

Anne Kastor Brooklyn Free Clinic

Website: brooklynfreeclinic.org

Address: 470 Clarkson Avenue, Suite A, Brooklyn, NY 11203

Email: info@brooklynfreeclinic.org

Contact: Melody Eckert | melody.eckert@downstate.edu

Languages: Spanish, Haitian Creole (interpreters available)

The Anne Kastor Brooklyn Free Clinic provides free healthcare services to uninsured individuals, with a focus on women's health and maternal mental care. Their services include prenatal checkups, maternal mental health screenings, and access to healthcare education for expectant mothers.

Key Service: Provides prenatal checkups, education on managing chronic conditions during pregnancy, and Women's Health Nights

✓ MetroPlusHealth

MetroPlus Health

Website: metroplus.org

Email: riosadr@metroplus.org

Contact: Adrian Rios | 929-746-8715

LinkedIn: [linkedin.com/company/metroplushealth](https://www.linkedin.com/company/metroplushealth)

Instagram: [@metroplushealth](https://www.instagram.com/metroplushealth)

Key Service: Access to affordable therapists and counselors.

MENTAL HEALTH & EMOTIONAL SUPPORT



Brooklyn Perinatal Network

Website: bpnetwork.org/hyc

Address: 259 Bristol Street, 2nd Floor, Suite 202, Brooklyn, NY 11212

Email: info@bpnetwork.org

Phone: 718-643-8258 x 21

Contact: Denise West | dwest@bpnetwork.org | (347) 622-1342

Contact: Melissa Mates | mmates@bpnetwork.org

Brooklyn Perinatal Network connects pregnant women and new mothers to critical healthcare services, focusing on reducing health disparities and ensuring that women receive comprehensive, quality care during and after pregnancy.

Key Service: Family & peer social emotional support



Christopher Rose Community Empowerment Campaign, Inc. (CRCEC)

Website: crcec.org

Address: 1404 Brooklyn Ave Brooklyn, NY 11210

Address (Mailing): 772 Vermont Street, Brooklyn, NY 11207

Info: info@crcec.org | (718) 282-7232

Contact: Sharon Coombs-Rose | srose@crcec.org | 718-272-2363

Instagram: @crcecbrooklyn

CRCEC focuses on empowering families through education and advocacy. Their maternal health programs provide financial assistance and resources for families in need.

Key Service: Postpartum emotional check-ins and home visiting



Colibri Health Institute

Website: colibrihealth.org

Email: margaret.schultz@colibrihealth.org

Contact: Margaret Schultz | (917) 912-6865

Colibri Health Institute is a newly-fledged 501(c)(3) nonprofit organization currently in its seed stage. We are committed to reducing preventable acute and chronic diseases by bringing free evidence-based preventive health education straight to individuals and families.

Key Service: Postpartum mental health education



Community Advocacy & Education

Black mothers matter.

This is where we lift our voices, take up space, and remind the world that Black mothers matter. It's workshops, town halls, and grassroots organizing that bring power back to our neighborhoods—from Crown Heights to East New York. Here, we learn our rights, share our stories, and plant seeds of change for the next generation.

COMMUNITY ADVOCACY & EDUCATION



Arthur Ashe Institute for Urban Health

Website: arthurasheinstitute.org

Address: 450 Clarkson Ave, Box 1232, Brooklyn, NY 11203

Email: info@arthurasheinstitute.org

Facebook: facebook.com/ArthurAsheInstitute

X: [@AAIUH2](https://twitter.com/AAIUH2)

Instagram: [@aaiuh](https://www.instagram.com/aaiuh)

LinkedIn: linkedin.com/company/arthur-ashe-institute-urban

The Arthur Ashe Institute addresses health disparities in urban communities by providing educational programs and advocating for policy changes. They focus on reducing maternal mortality among women of color through culturally responsive care.

Key Services:

- Health education programs focused on reducing maternal mortality
- Advocacy for equitable healthcare policies
- Community health workshops



Brooklyn Perinatal Network

Website: bpnetwork.org/nyc

Address: 259 Bristol Street, 2nd Floor, Suite 202, Brooklyn, NY 11212

Email: info@bpnetwork.org

Phone: 718-643-8258 x 21

Contact: Denise West | dwest@bpnetwork.org | (347) 622-1342

Contact: Melissa Mates @ mmates@bpnetwork.org

Facebook: facebook.com/weareBPNetwork

X: [@weareBPNetwork](https://twitter.com/weareBPNetwork)

LinkedIn: linkedin.com/company/brooklyn-perinatal-network-inc

Brooklyn Perinatal Network connects pregnant women and new mothers to critical healthcare services, focusing on reducing health disparities and ensuring that women receive comprehensive, quality care during and after pregnancy.

Key Services:

- Hospital-based staff cultural humility training
- More birthing centers and midwifery services
- Recruitment of doulas & CHWs from local communities to build trust
- Leads the The Brooklyn Coalition for Health Equity for Women and Families, formerly known as the Brooklyn Infant Mortality Reduction Initiative, was established in 2000 to convene community-based organizations and cross-sector stakeholders working to eliminate disparities in maternal health and birth outcomes in communities of color.

COMMUNITY ADVOCACY & EDUCATION



COLIBRI HEALTH
Institute

Colibri Health Institute

Website: colibrihealth.org

Email: margaret.schultz@colibrihealth.org

Contact: Margaret Schultz | (917) 912-6865

Colibri Health Institute is a newly-fledged 501(c)(3) nonprofit organization currently in its seed stage. We are committed to reducing preventable acute and chronic diseases by bringing free evidence-based preventive health education straight to individuals and families.

Key Services:

- Free virtual and in-person postpartum education classes
- Upcoming free, comprehensive pregnancy, birth, and postpartum education guidebook
- Postpartum mental health education



Christopher Rose Community Empowerment Campaign, Inc. (CRCEC)

Website: crcec.org

Address: 1404 Brooklyn Ave Brooklyn, NY 11210

Address (Mailing): 772 Vermont Street, Brooklyn, NY 11207

Info: info@crcec.org | (718) 282-7232

Contact: Sharon Coombs-Rose | srose@crcec.org | 718-272-2363

Languages: English, Spanish, French, Haitian Creole

CRCEC focuses on empowering families through education and advocacy. Their maternal health programs provide financial assistance and resources for families in need.

Key Services:

- Postpartum emotional check-ins and home visiting
- Navigational support for families facing system barriers
- Food pantry and nutrition education
- Housing advocacy & emergency gift cards for families in need



Irth: Birth Without Bias (App)

Website: irthapp.com

Download: [Google Play](#) and [App Store](#)

The only app where you can find prenatal, birthing, postpartum and pediatric reviews of care from other Black and brown women. The #1 “Yelp-like” platform for the pregnancy and new motherhood journey, made by and for people of color.

Key Features:

- Crowd-sourced feedback on providers & birthing facilities
- Reviews from doulas and experienced birth support professionals

COMMUNITY ADVOCACY & EDUCATION



Global25

Website: globaltwentyfive.com

Email: Future25nyc@gmail.com

Key Services:

- Education on finance, nutrition, breastfeeding, childcare, evaluation and developmental milestones
- Access to community partners, workforce development opportunities



Seeds in the Middle

Website: seedsinthemiddle.org

Address (Mailing): 153 Warren Street, Brooklyn, NY 11201

Address: 318 Rogers Ave., Brooklyn, NY 11225

Email: info@seedsinthemiddle.org

Contact: Nancie Katz | info@seedsinthemiddle.org | 862-701-3858

Facebook: facebook.com/seedsinthemiddle

Instagram: [@seedsinthemiddle](https://www.instagram.com/seedsinthemiddle)

Languages: Spanish, Haitian Creole

Seeds in the Middle empowers communities through nutrition and wellness programs, focusing on improving maternal and child health through better access to affordable, fresh, healthy food and fitness for overall well-being

Key Services:

- Healthy cooking classes, fitness through pilates, yoga, zumba, meditation, new mom workshops and get-togethers
- Distributes Hip2B Healthy coupons for fresh food, and fresh produce bags for pregnant and postpartum moms
- Partners with maternal/infant health and local organizations for community baby showers



Prenatal Care & Medical Services

Access to quality, respectful prenatal care is a non-negotiable.

This is where trusted doctors, midwives, doulas, and clinics help us stay healthy throughout pregnancy—because every Black mama deserves to be seen, heard, and cared for with excellence.

PRENATAL CARE & MEDICAL SERVICES



Ancient Song Doula Services

Website: ancientsongdoulaservices.com

Address: 521 Halsey Street, Brooklyn, NY 11233

Email: info@ancientsongdoulaservices.com

Phone: (347) 778-3490

Instagram: [@ancientsong](https://www.instagram.com/ancientsong)

Facebook: [facebook.com/AncientSongDoula](https://www.facebook.com/AncientSongDoula)

X: [@AncientSong7](https://twitter.com/AncientSong7)

Ancient Song is a national birth justice organization working to eliminate maternal and infant mortality and morbidity among low-income Black and Latinx people. We provide doula training and services, offer community education, and advocate for policy change to support reproductive and birth justice.

Key Services:

- Culturally aligned birth, postpartum, miscarriage, and grief support
- Full-spectrum doula training for community members and professionals
- Accepts medicaid starting early 2026, flexible payment plans



**BROOKLYN
FREE CLINIC**

Anne Kastor Brooklyn Free Clinic

Website: brooklynfreeclinic.org

Address: 470 Clarkson Avenue, Suite A, Brooklyn, NY 11203

Email: info@brooklynfreeclinic.org

Instagram: [@bkfreeclinic](https://www.instagram.com/bkfreeclinic)

The Anne Kastor Brooklyn Free Clinic provides free healthcare services to uninsured individuals, with a focus on women's health and maternal care. Their services include prenatal checkups, maternal mental health screenings, and access to healthcare education for expectant mothers.

Key Services:

- Prenatal care for uninsured mothers
- Mental health screenings
- Health education workshops

PRENATAL CARE & MEDICAL SERVICES



Brooklyn Perinatal Network

Website: bpnetwork.org/nyc

Address: 259 Bristol Street, 2nd Floor, Suite 202, Brooklyn, NY 11212

Email: info@bpnetwork.org

Phone: 718-643-8258 x 21

Contact: Denise West | dwest@bpnetwork.org | (347) 622-1342

Contact: Melissa Mates @ mmates@bpnetwork.org

Facebook: facebook.com/weareBPNetwork

X: [@weareBPNetwork](https://twitter.com/weareBPNetwork)

LinkedIn: linkedin.com/company/brooklyn-perinatal-network-inc

Brooklyn Perinatal Network connects pregnant women and new mothers to critical healthcare services, focusing on reducing health disparities and ensuring that women receive comprehensive, quality care during and after pregnancy.

Key Services:

- Hospital-based staff cultural humility training
- More birthing centers and midwifery services
- Recruitment of doulas & CHWs from local communities to build trust



Healthy Start Brooklyn (NYC DOHMH)

Website: nyc.gov/site/doh/health/neighborhood-health/healthy-start-brooklyn.page

Address: Bedford Health Center, 485 Throop Ave, Brooklyn, NY 11221

Email: healthystartbrooklyn@health.nyc.gov

Phone: 844-919-1123

Description: Healthy Start Brooklyn provides a variety of support programs and classes for expectant and new parents who live in Brooklyn. You can get education and support about pregnancy, childbirth, parenting, breastfeeding, fatherhood and healthy living.

Key Services:

- Childbirth education classes
- Fatherhood development
- Emotional health classes

PRENATAL CARE & MEDICAL SERVICES



Hope and Healing Family Center

Website: hhfamilycenter.org

Address: 1420 Bushwick Ave, Suite 348, Brooklyn, NY 11207

Email: hhfc01@ymail.com

Phone: 347-384-1494

Facebook: facebook.com/HopeAndHealingFamilyCenter

Instagram: [@hh_familycenter](https://www.instagram.com/hh_familycenter)

Hope and Healing Family Center's mission is to improve the quality of life by strengthening, empowering and educating underserved families throughout Brooklyn communities by providing services to address maternal and early childhood health disparities.

Key Services:

- Continuous physical/emotional doula care
- Diaper distribution and breast milk depot
- Postpartum-family support and education events



Postpartum & Infant Care

Birth is just the beginning.

Postpartum support means someone checking in, helping us heal, and making sure our little ones are safe and thriving. From breastfeeding support to home visits, these resources remind us that we don't have to figure it all out alone.

POSTPARTUM & INFANT CARE



Ancient Song Doula Services

Website: ancientsongdoulaservices.com

Address: 521 Halsey Street, Brooklyn, NY 11233

Email: info@ancientsongdoulaservices.com

Phone: (347) 778-3490

Instagram: [@ancientsong](https://www.instagram.com/ancientsong)

Facebook: [facebook.com/AncientSongDoula](https://www.facebook.com/AncientSongDoula)

X: [@AncientSong7](https://twitter.com/AncientSong7)

Ancient Song is a national birth justice organization working to eliminate maternal and infant mortality and morbidity among low-income Black and Latinx people. We provide doula training and services, offer community education, and advocate for policy change to support reproductive and birth justice.

Key Services:

- Culturally aligned birth, postpartum, miscarriage, and grief support
- Full-spectrum doula training for community members and professionals
- Accepting Medicaid starting early 2026, flexible payment plans



Expecting Relief

Website: expectingrelief.org

Address: 2832 Fulton Street Brooklyn, NY 11207

Email: info@expectingrelief.org

Contact: Vanessa Bracetty | vanessa@expectingrelief.org | 646-241-5960

Facebook: [facebook.com/ExpectingRelief](https://www.facebook.com/ExpectingRelief)

LinkedIn: [linkedin.com/company/expecting-relief](https://www.linkedin.com/company/expecting-relief)

Instagram: [@expectingrelief](https://www.instagram.com/expectingrelief)

Languages: Spanish, Haitian Creole

Expecting Relief provides emergency supplies and support to pregnant women and new mothers, including diapers, formula, clothing, and other essential items.

Key Services:

- Supplies emergency resources like diapers, formula, clothing.
- Wraparound supports addressing housing and food insecurity.
- Focus on racial, cultural, and linguistic alignment of workforce.

POSTPARTUM & INFANT CARE



Healthy Start Brooklyn (NYC DOHMH)

Website: nyc.gov/site/doh/health/neighborhood-health/healthy-start-brooklyn.page

Address: Bedford Health Center, 485 Throop Ave, Brooklyn, NY 11221

Email: healthystartbrooklyn@health.nyc.gov

Phone: 844-919-1123

Description: Healthy Start Brooklyn provides a variety of support programs and classes for expectant and new parents who live in Brooklyn. You can get education and support about pregnancy, childbirth, parenting, breastfeeding, fatherhood and healthy living.

Key Services:

- Childbirth education classes
- Fatherhood development
- Emotional health classes



Little Essentials

Website: littleessentials.org

Address: Brooklyn Navy Yard, 63 Flushing Ave., Bld. 131, Suite 205 Brooklyn, NY 11205

Address (Mailing): 74 Grand Avenue, #1C, Brooklyn, NY 11205

Email: info@littleessentials.org

Contact: Operations Team | warehouse@littleessentials.org

Facebook: facebook.com/LEHelps

LinkedIn: linkedin.com/company/little-essentials

Instagram: [@lehelps](https://instagram.com/lehelps)

Languages: Workshops through Tribeca Pediatrics in English & Spanish

Little Essentials provides essential baby supplies to families living in poverty, ensuring new mothers have access to diapers, clothing, and other critical items.

Eligibility: Families with incomes below the federal poverty line.

Key Services:

- Distribution of baby supplies
- Emergency assistance for low-income families
- Postpartum support services



Financial & Emergency Assistance

Because thriving starts with the basics.

We can't talk about wellness if the lights aren't on or there's no food in the fridge. Financial and emergency support helps keep our families afloat during the most vulnerable times. Whether it's diapers, rental help, or access to benefits, this is about meeting basic needs with dignity—because abundance is our birthright, too.

FINANCIAL & EMERGENCY ASSISTANCE



Christopher Rose Community Empowerment Campaign, Inc. (CRCEC)

Website: crcec.org

Address: 1404 Brooklyn Ave Brooklyn, NY 11210

Address (Mailing): 772 Vermont Street, Brooklyn, NY 11207

Info: info@crcec.org | (718) 282-7232

Contact: Sharon Coombs-Rose | srose@crcec.org | 718-272-2363

Facebook: facebook.com/CRCEC

LinkedIn: linkedin.com/company/christopher-rose-community-empowerment-campaign-inc

Instagram: @crcecbrooklyn

Languages: English, Spanish, French, Haitian Creole

CRCEC focuses on empowering families through education and advocacy. Their maternal health programs provide financial assistance and resources for families in need.

Key Services:

- Postpartum emotional check-ins and home visiting
- Navigational support for families facing system barriers
- Food pantry and nutrition education
- Housing advocacy & emergency gift cards for families in need



Diaspora Community Services

Website: diasporacs.org

Address: 921B East New York Ave, Brooklyn, NY 11203

Email: info@diasporacs.org

Phone: (718) 399-0200

Facebook: facebook.com/diasporacommunityservices

Instagram: @diasporacs

X: @diasporacs

Diaspora Community Services is a social support service agency that empowers families and individuals to maximize their abilities to succeed through culturally sensitive health promotion, family support services and advocacy.

Key Services:

- Medical benefits assistance
- Housing support
- Social Services (e.g., food, benefits, and locating transportation)

FINANCIAL & EMERGENCY ASSISTANCE



Expecting Relief

Website: expectingrelief.org

Address: 2832 Fulton Street Brooklyn, NY 11207

Email: info@expectingrelief.org

Contact: Vanessa Bracetty | vanessa@expectingrelief.org | 646-241-5960

Facebook: facebook.com/ExpectingRelief

LinkedIn: linkedin.com/company/expecting-relief

Instagram: [@expectingrelief](https://instagram.com/expectingrelief)

Languages: Spanish, Haitian Creole

Expecting Relief provides emergency supplies and support to pregnant women and new mothers, including diapers, formula, clothing, and other essential items.

Key Services:

- Supplies emergency resources like diapers, formula, clothing.
- Wraparound supports addressing housing and food insecurity.
- Focus on racial, cultural, and linguistic alignment of workforce.



Little Essentials

Website: littleessentials.org

Address: Brooklyn Navy Yard, 63 Flushing Ave., Bld. 131, Suite 205 Brooklyn, NY 11205

Address (Mailing): 74 Grand Avenue, #1C, Brooklyn, NY 11205

Email: info@littleessentials.org

Contact: Operations Team | warehouse@littleessentials.org

Facebook: facebook.com/LEHelps

LinkedIn: linkedin.com/company/little-essentials

Instagram: [@lehelps](https://instagram.com/lehelps)

Languages: Workshops through Tribeca Pediatrics in English & Spanish

Little Essentials provides essential baby supplies to families living in poverty, ensuring new mothers have access to diapers, clothing, and other critical items.

Eligibility: Families with incomes below the federal poverty line.

Key Services:

- Distribution of baby supplies
- Emergency assistance for low-income families
- Postpartum support services



Cultural Competency & Health Equity

Care that sees us, hears us, and honors us.

Healing begins when the system understands us. This isn't just "nice to have." It's life-saving. Providers who understand our culture, speak our language, and respect our traditions are key to closing the gap in maternal health disparities. These programs push for systems change and train professionals to treat us with the dignity we deserve.

CULTURAL COMPETENCY & HEALTH EQUITY



Arthur Ashe Institute for Urban Health

Website: arthurasheinstitute.org

Address: 450 Clarkson Ave, Box 1232, Brooklyn, NY 11203

Email: info@arthurasheinstitute.org

Facebook: facebook.com/ArthurAsheInstitute

X: @AAIUH2

Instagram: @aaiuh

LinkedIn: linkedin.com/company/arthur-ashe-institute-urban

The Arthur Ashe Institute addresses health disparities in urban communities by providing educational programs and advocating for policy changes. They focus on reducing maternal mortality among women of color through culturally responsive care.

Key Services:

- Health education programs focused on reducing maternal mortality
- Advocacy for equitable healthcare policies
- Community health workshops



Caribbean Women's Health Association, Inc.

Website: cwha.org

Address: 3512 Church Ave Brooklyn, New York 11203

Email: info@cwha.org

Contact: Lisa Joseph | ljoseph@cwha.org | 929-946-5572

Facebook: facebook.com/CaribbeanWomensHealthAssociation

X: @CaribbeanWomen2

LinkedIn: linkedin.com/company/caribbean-women-s-health-association

Instagram: @cwhassociation

Languages: Haitian Creole, Spanish

The CWAH provides culturally specific health services to Caribbean and immigrant communities, focusing on maternal and child health, mental health, and social services.

Key Services:

- Culturally competent maternal health services
- Parenting classes and life skills development, including bonding with Baby/Toddler classes
- Nutrition and wellness programs
- Fresh produce distribution through farmer's market collaborations



Nutrition & Wellness

Wellness That Feeds Generations.

Healthy food. Safe spaces to move our bodies. Culturally affirming wellness practices. Here, we're fed—literally and spiritually. From farmer's markets to prenatal yoga in the park, these resources nourish us from the inside out, helping us and our babies thrive.

NUTRITION & WELLNESS



Caribbean Women's Health Association, Inc.

Website: cwaha.org

Address: 3512 Church Ave Brooklyn, New York 11203

Email: info@cwaha.org

Contact: Lisa Joseph | ljoseph@cwaha.org | 929-946-5572

Facebook: facebook.com/CaribbeanWomensHealthAssociation

X: [@CaribbeanWomen2](https://twitter.com/CaribbeanWomen2)

LinkedIn: linkedin.com/company/caribbean-women-s-health-association

Instagram: [@cwhassociation](https://instagram.com/cwhassociation)

Languages: Haitian Creole, Spanish

The CWAHA provides culturally specific health services to Caribbean and immigrant communities, focusing on maternal and child health, mental health, and social services.

Key Services:

- Culturally competent maternal health services
- Parenting classes and life skills development, including bonding with Baby/Toddler classes
- Nutrition and wellness programs
- Fresh produce distribution through farmer's market collaborations



Seeds in the Middle

Website: seedsinthemiddle.org

Address (Mailing): 153 Warren Street, Brooklyn, NY 11201

Address: 318 Rogers Ave., Brooklyn, NY 11225

Email: info@seedsinthemiddle.org

Contact: Nancie Katz | info@seedsinthemiddle.org | 862-701-3858

Facebook: facebook.com/seedsinthemiddle

Instagram: [@seedsinthemiddle](https://instagram.com/@seedsinthemiddle)

Languages: Spanish, Haitian Creole

Seeds in the Middle empowers communities through nutrition and wellness programs, focusing on improving maternal and child health through better access to affordable, fresh, healthy food and fitness for overall well-being

Key Services:

- Healthy cooking classes, fitness through pilates, yoga, zumba, meditation, new mom workshops and get-togethers
- Distributes Hip2B Healthy coupons for fresh food, and fresh produce bags for pregnant and postpartum moms
- Partners with maternal/infant health and local organizations for community baby showers



Parenting & Life Skills Development

It takes a village to raise a child.

It takes a village, and this is where we find it. Parenting classes, life skills coaching, and mentorship programs equip us not just to survive, but to lead our families with confidence and care. It's guidance for the first steps, and the space to grow into the mothers we want to be.

PARENTING & LIFE SKILLS DEVELOPMENT



The Alex House Project

The Alex House Project

Website: <https://www.alexhouseproject.org>

Address #1: 9 Bond Street, 4th floor, Brooklyn NY 11201

Address #2: Bumblebees R Us Day Care - 76 Lorraine St, Brooklyn, NY 11231

Email: services@alexhouseproject.org

X: [@alexhouseinc](https://twitter.com/alexhouseinc)

LinkedIn: [linkedin.com/company/the-alex-house-project](https://www.linkedin.com/company/the-alex-house-project)

Instagram: [@alexhouseinc](https://www.instagram.com/alexhouseinc)

The Alex House Project is a peer-led program that provides parenting and life skills development for mothers 25 years and younger. The organization focuses on building confidence and independence in mothers through mentorship, higher education, and employment.

Key Services:

- Parenting workshops
- Life skills development
- Maternal mental health support



Caribbean Women's Health Association, Inc.

Website: cwha.org

Address: 3512 Church Ave Brooklyn, New York 11203

Email: info@cwha.org

Contact: Lisa Joseph | ljoseph@cwha.org | 929-946-5572

Facebook: [facebook.com/CaribbeanWomensHealthAssociation](https://www.facebook.com/CaribbeanWomensHealthAssociation)

X: [@CaribbeanWomen2](https://twitter.com/CaribbeanWomen2)

LinkedIn: [linkedin.com/company/caribbean-women-s-health-association](https://www.linkedin.com/company/caribbean-women-s-health-association)

Instagram: [@cwhassociation](https://www.instagram.com/cwhassociation)

Languages: Haitian Creole, Spanish

The CWA provides culturally specific health services to Caribbean and immigrant communities, focusing on maternal and child health, mental health, and social services.

Key Services:

- Culturally competent maternal health services
- Parenting classes and life skills development, including bonding with Baby/Toddler classes
- Nutrition and wellness programs
- Fresh produce distribution through farmer's market collaborations



Healthy Start Brooklyn (NYC DOHMH)

Website: nyc.gov/site/doh/health/neighborhood-health/healthy-start-brooklyn.page

Address: Bedford Health Center, 485 Throop Ave, Brooklyn, NY 11221

Email: healthystartbrooklyn@health.nyc.gov

Phone: 844-919-1123

Description: Healthy Start Brooklyn provides a variety of support programs and classes for expectant and new parents who live in Brooklyn. You can get education and support about pregnancy, childbirth, parenting, breastfeeding, fatherhood and healthy living.

Key Services:

- Childbirth education classes
- Fatherhood development
- Emotional health classes

FINANCIAL, HOUSING & EMERGENCY ASSISTANCE



Arthur Ashe Institute for Urban Health

Website: arthurasheinstitute.org

Address: 450 Clarkson Ave, Box 1232, Brooklyn, NY 11203

Email: info@arthurasheinstitute.org

Facebook: facebook.com/ArthurAsheInstitute

X: @AAIUH2

Instagram: @aaiuh

LinkedIn: linkedin.com/company/arthur-ashe-institute-urban

The Arthur Ashe Institute addresses health disparities in urban communities by providing educational programs and advocating for policy changes. They focus on reducing maternal mortality among women of color through culturally responsive care.

Key Services:

- Health education programs focused on reducing maternal mortality
- Advocacy for equitable healthcare policies
- Community health workshops



Diaspora Community Services

Website: diasporacs.org

Address: 921B East New York Ave, Brooklyn, NY 11203

Email: info@diasporacs.org

Phone: (718) 399-0200

Facebook: facebook.com/diasporacommunityservices

Instagram: @diasporacs

X: @diasporacs

Diaspora Community Services is a social support service agency that empowers families and individuals to maximize their abilities to succeed through culturally sensitive health promotion, family support services and advocacy.

Key Services:

- Medical benefits assistance
- Housing support
- Social Services (e.g., food, benefits, and locating transportation)

BUILDING A SAFER BKLYN FOR BIRTH

PREVENT

preconception advocacy and awareness

PREPARE

inter-conception equitable access to care

PROTECT

collective action for better women's health

When these pieces come together, they form a village where Black mothers in Brooklyn can flourish—physically, mentally, spiritually, and financially. This is what holistic wellness looks like. This is what it means to protect her.

BUILDING A SAFER BKLYN FOR BIRTH

Featured Organizations:

The Alex House Project

Ancient Song Doula Services

Anne Kastor Brooklyn Free Clinic

Arthur Ashe Institute for Urban Health

Brooklyn Perinatal Network

Caribbean Women's Health Association, Inc.

Christopher Rose Community Empowerment Campaign

Colibri Health Institute

Diaspora Community Services

Expecting Relief

Healthy Start Brooklyn

Hope and Healing Family Center

Irth App— Birth Without Bias

Global25

MetroPlus Health

Little Essentials

Seeds In the Middle



ABOUT THE ORGANIZERS



Neighborhood Technical Assistance Clinic (NTAC) empowers communities and women-led organizations by bridging philanthropy and grassroots efforts through strategic partnerships, capacity-building, and technical assistance.



Brooklyn Communities Collaborative (BCC) is a cross-sector partnership advancing health equity in Brooklyn through community empowerment, collaboration, and innovative, place-based solutions.



Downtown Brooklyn Partnership (DBP) is a nonprofit driving inclusive economic and community development in Downtown Brooklyn.



City Point is a vibrant retail, dining, and cultural hub in the heart of Downtown Brooklyn, bringing together residents, small businesses, and visitors to celebrate Brooklyn's diversity, creativity, and entrepreneurial spirit.

MEDIA CONTACT: BROOKE DURRAH BODURRAH@GMAIL.COM | 646-489-8489

OUR COMMUNITY PARTNERS

click on logos to learn more



ancient song



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